

DANCE

If you have questions, please contact the Discipline Representative at dance@kfpa.ca for guidance
REGISTER ONLINE AT KFPA.CA

GENERAL RULES are REQUIRED READING prior to registration.

*DANCE FEES

SOLO AND GROUP CLASSES		
CLASS	LEVEL	FEE
SOLOS	ALL	\$21
OWN CHOREOGRAPHY	ALL	\$21
ADULT SOLO		\$30
TECHNIQUE CLASS	ALL	\$21
DUETS	ALL	\$20
TRIOS	ALL	\$30
GROUPS	ALL	\$10 per person – No Max

- Out of respect to all our participants, teachers, volunteers, and stage crew with allergies, it is requested that **NO AEROSOL PRODUCTS** (including hair spray, static guard, glitter, etc.) be used by anyone in any of the indoor rooms or indoor areas of Sagebrush Theatre. If the use of these products is required, please step outside, away from the doors, to use them.
Thank you.

*DANCE RULES

Please read specific discipline rules as well as information on Scholarships and Awards at the end of each discipline plus Appendices 2 and 3 before registration.

1. Substitutions:
 - Solos – No substitutions permitted.
 - Groups – One (1) substitution is permitted. For more than one (1) substitution, approval of the Board is required.
 - If a substitution is required, please notify the Discipline Representative prior to the start of the performer’s class section.
2. Backstage:
 - Only the Hall Supervisor, Theatre Personnel and Participant are permitted on the stage platform and backstage during performances. **EXCEPTION:** A teacher may be backstage with a participant aged 10 years and under. See General Rule 41.
 - Participants must **NOT** receive assistance with a performance at any time.

- Participants must **NOT** practice on the stage or the backstage areas during any session. Any Participant using the stage (walking around, marking out a dance, etc.) before, during or after a session will be **DISQUALIFIED**.
3. Centre stage will be marked.
 4. All tap shoes **MUST** be removed before and after competing.
 5. Music must be submitted:
 - Electronically (mp3, mp4, mp4a or wav).
 - A separate file for each dance.
 - Dropbox link is located on the kfpa.ca website.
 - Two (2) weeks prior to the Festival start date.
 - Backup music on a **FLASH DRIVE** must accompany the participant to Festival Labelling instructions.

Participants are responsible for ensuring copies of recorded music comply with all copyright restrictions that apply to source material.

Please watch kfpa.ca for details.
 6. **RECORDING** a performance or adjudication without **WRITTEN CONSENT** from the Choreographer or Adjudicator will result in **DISQUALIFICATION** from the entire current Festival.
 7. All Participants **MUST** be in the **WARM-UP ROOM** or assigned **DRESSING ROOM** fifteen (15) minutes prior to their class and remain there until it is their turn to be called Backstage. Failure to comply with this time limit will result in the Participant being **DISQUALIFIED** and not permitted to perform in that class. This includes Non-Competitive Participants.
 8. Costumes **MUST NOT** be visible to the Adjudicator in the theatre auditorium.
 9. Props:
 - Props for **ALL** performances are optional and must be lightweight and easy to handle. Quick set-up is essential. No sets are permitted.
 - Prop set-up and removal must be done by the performer.
EXCEPTION: A participant 10 years and under may request assistance from Festival volunteers.
 - Solos – KFPA follows the PABC Syllabus at bcprovincials.com
 10. *Novice Categories: Non-Competitive
 - Participants have **NEVER** had dance lessons before the September immediately preceding the Festival.
 - Novice Groups require **ALL** participants be at the Novice level.
 11. Time Limits:
 - **SOLO** – must not exceed three (3) minutes.
EXCEPTION: The **SONG AND DANCE** category, which may be four (4) minutes.
 - **DUET and TRIOS MUST** not exceed 5 (five) minutes.
 - **GROUPS MUST** not exceed ten (10) minutes.
 12. Group Entries:
 - Are to be entered and identified by Selection Title or a Unique Group Name (dance studio or city not accepted).
 - The Selection Title may be changed two (2) weeks prior to the commencement of the Festival by contacting the Discipline Representative. See General Rule 36.

- In Duets, the age of the older participant governs. In Trios and Groups, the average age is the age that governs. See General Rule 8.
13. Material should be appropriately chosen and edited for the Participants and general audience. **MATERIAL THAT CONTAINS OBSCENE, VIOLENT, SUGGESTIVE OR SEXUALLY EXPLICIT LANGUAGE WILL NOT BE ACCEPTED AND MAY RESULT IN DISQUALIFICATION.**
14. Provincial Recommendations:
- A Participant **MUST** perform at least two (2) solos within the SAME discipline of BALLET, MODERN or STAGE at a local Festival.
 - A Participant **MUST** receive a mark of at least 85 in BOTH solos.
 - The First Solo performed at Provincials **MUST** be the qualifying solo, as selected by the Adjudicator from the local Festival.
 - See General Rules 65 and 66 re accepting or declining recommendations.
 - See Provincial Rules for Dance at <https://www.bcprovincials.com/syllabus.aspx>.

***DANCE CLASSES**

Scholarships and Provincial Recommendations have specific competitive solo classes required for eligibility.

Competitive solo classes that DO NOT QUALIFY for Scholarships OR Provincial Recommendation include Acro, Lyrical Ballet, Additional Repertoire, Novice, Own Choreography, Ethnic/Folk and National.

TECHNIQUE, not considered a solo, is MANDATORY for Scholarship consideration. Technique is encouraged but NOT mandatory for Provincial Recommendation.

Please see final page of Dance section titled Scholarships and Awards.

SOLO CLASSES	
ANY CLASS MAY BE ENTERED AS NON-COMPETITIVE – SEE APPENDIX 1 FOR DEFINITIONS ALL SOLO CLASSES MAY BE ENTERED BY ADULTS	
CLASS NAME	AGES AND LEVELS
SOLO	One (1) selection. <ul style="list-style-type: none"> ● 6 YEARS and UNDER. ● 7 and 8 YEARS. ● 9 and 10 YEARS. ● 11 and 12 YEARS. Level I (Junior). ● 13, 14 and 15 YEARS. Level II (Intermediate). ● 16 YEARS and OVER. Level III (Senior). ● NOVICE – Any class may be entered as Novice. ● 19 YEARS and OVER. Adult. Non-Competitive

GROUP CLASSES	
ANY CLASS MAY BE ENTERED AS NON-COMPETITIVE – SEE APPENDIX 1 FOR DEFINITIONS	
CLASS NAME	AGES AND LEVELS
GROUP	One (1) selection. <ul style="list-style-type: none"> ● 6 YEARS and UNDER. ● 8 YEARS and UNDER. ● 10 YEARS and UNDER. ● 12 YEARS and UNDER. ● 14 YEARS and UNDER. ● 16 YEARS and UNDER. ● 17 YEARS and OVER. ● NOVICE – Any class may be entered as Novice. ● 19 YEARS and OVER. Adult. Non-Competitive. ● DUETS ● TRIOS ● SMALL GROUP – 4 to 7 Participants. ● MEDIUM GROUP – 8 to 12 Participants. ● LARGE GROUP – 13 Participants and Over.

DEFINITIONS OF DANCE CATEGORIES

BALLET	
Lyrics NOT permitted in the BALLET category.	
EXCEPTIONS: CONTEMPORARY, LYRICAL and ADDITIONAL REPERTOIRE. See below.	
CLASS	DESCRIPTION
*ADDITIONAL REPERTOIRE	For participants who wish to perform an additional selection in a class already chosen that year. SOLO ENTRIES IN ADDITIONAL REPERTOIRE DO NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
CHARACTER	MUST portray a specific character (real or fictitious) with the whole body for the duration of the entire solo, but not tell a story. Ballet technique with stylized movement. One (1) hand-held prop may be used if integral to the dance. Music with NO WORDS . No lip-syncing permitted.
CONTEMPORARY	Incorporates classical ballet techniques with greater range of movements which may not adhere to strict body lines for classical ballet. This style includes non-traditional movements, such as more relaxed steps, floor work, and turned in legs, etc., to portray the concept of being more innovative, free and earth bound. The physical interpretation of the theme that the choreographer envisioned allows for more expressive emotions and feelings. One (1) hand-held prop may be used if integral to the dance. Music with lyrics permitted. No lip-syncing permitted.
DEMI-CHARACTER	Dance based on any method of classical ballet technique. Pointe shoes, one (1) hand-held prop may be used if integral to the dance. Music with NO WORDS . No lip-syncing permitted.

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DEMI-POINTE CLASSICAL	Dance based on any method of classical ballet technique (e.g. Cecchetti, RAD, Vaganova, etc.). Soft shoes and one (1) hand-held prop may be used if integral to the dance. Music with NO WORDS . No lip-syncing permitted.
ETHNIC/FOLK	Dances from different peoples based on customs, languages, and cultures of that specific group of people’s ancestries. Different from National Dance in that <i>National</i> refers to citizenship of a specific state, not necessarily the customs of one (1) ethnic group in a nation. Music may contain words. No lip-syncing permitted. THIS ENTRY DOES NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
INTERPRETIVE	Participants MUST use ballet technique incorporating the body as the medium of expression and interpretation of the music to portray an intangible thought or mood, real or imagined. This category should express an idea but not tell a story. Ballet shoes (soft shoe or Pointe) MUST be worn. No props permitted. Music with NO WORDS . No lip-syncing permitted.
LYRICAL	Continual, gentle flowing technical ballet movements. Music may contain words. No lip-syncing permitted. THIS ENTRY DOES NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
NATIONAL OR CHARACTER NATIONAL	***Not including Folk Dancing or Highland Dancing*** Participant required to select one (1) country only, and portray, by costume and dance, the traditional dance style of that country. Music with NO WORDS. No lip-syncing permitted. See Ethnic/Folk Dance for clarification. THIS ENTRY DOES NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
NEO-CLASSICAL	Dance based on any method of classical ballet technique in the style of the 20th and 21st centuries. Original choreography should be musically driven without plot, narrative, or mime. Participant’s movements should be the main artistic medium. One (1) hand-held prop may be used if integral to the dance. Music with NO WORDS . No lip-syncing permitted.
*NOVICE NON-COMPETITIVE	Participants have NEVER had dance lessons before the September immediately preceding the Festival. Novice Groups require ALL participants be at the Novice level.
POINTE CLASSICAL	Dance based on any method of classical ballet technique. Pointe shoes, one (1) hand-held prop may be used if integral to the dance. Music with NO WORDS . No lip-syncing permitted.
BALLET TECHNIQUE	Not a solo class. Required for Scholarship consideration. NOT required for Provincial recommendation.

MODERN	
Lyrics and/or vocals permitted in the music in the MODERN category. Ballet shoes (soft or Pointe) and Jazz shoes (full or half-sole) NOT permitted in the MODERN Category.	
CLASS	DESCRIPTION
*ADDITIONAL REPERTOIRE	For participants who wish to perform an additional selection in a class already chosen that year. SOLO ENTRIES IN ADDITIONAL REPERTOIRE DO NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
CONTEMPORARY	Free movement of dance encompassing various dance disciplines with modern technique as its underlying base, such as the choreography of William Forsythe, Wayne McGregor, Akram Khan, Ohnad Narin (Gaga), Hofesch Shechter (Release Technique), etc.; a constantly evolving style of movement that explores and gives physicality to human ideologies, behaviours and emotions, with emphasis on engaging the whole body. No lip-syncing permitted.
INTERPRETIVE CONTEMPORARY	Dance that uses contemporary movement vocabulary from stylized to pedestrian (with modern techniques as its basis) to tell a story, express a feeling, and interpret a character, behaviours or emotional state, e.g. Pina Bausch (Tanztheatre Wuppertal). Movement should be related to the intent of the music while the choreography MUST engage the whole body. No lip-syncing permitted.
INTERPRETIVE MODERN	Dance that uses a recognized/codified modern technique to tell a story, express a feeling, interpret a character, behaviours or emotional state. Movement should be related to the intent of the music. No lip-syncing permitted.
MODERN	A stylized dance form with its foundations on a technically based discipline such as Graham, Limon, Cunningham, Humphrey and Horton, etc. Dance that rejects the limitations of Classical Ballet. Modern Dance was formulated from natural rhythms, and favours movement derived from the expression of inner feeling, contraction and release, suspension, fall and recovery, and dynamism. Movement may or may not be related to the music. No lip-syncing permitted.
MODERN TECHNIQUE	Not a solo class. Required for Scholarship consideration. NOT required for Provincial recommendation.
*NOVICE NON-COMPETITIVE	*Participants have NEVER had dance lessons before the September immediately preceding the Festival. Novice Groups require ALL participants be at the Novice level.

STAGE	
Lyrics permitted in all STAGE categories. Lip-syncing not permitted except in VARIETY and ADDITIONAL REPERTOIRE categories. In all forms of STAGE DANCE (except ACRO) there shall be NO MORE than three (3) acrobatic elements in the number.	
CLASS	DESCRIPTION
*ACRO	A style of dance that combines classical dance techniques with precision acrobatic elements. Number must include acrobatic elements which MUST NOT exceed 50 percent of the entire routine. Its unique choreography seamlessly blends dance and acrobatics. No lip-syncing permitted. THIS ENTRY DOES NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
*ADDITIONAL REPERTOIRE	For participants who wish to perform an additional selection in a class already chosen that year. SOLO ENTRIES IN ADDITIONAL REPERTOIRE DO NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
*JAZZ	Dance technique based on isolation and contraction/release. Upbeat tempo. Music may contain words. Discretion required for suitability and to prevent disqualification. See General Rule 21 and Dance Rule 13. No lip-syncing permitted. Stage participants qualifying to attend Provincials with either a JAZZ OR LYRICAL JAZZ solo MUST choose second solo from one (1) of: TAP, SONG AND DANCE, STREET DANCE/HIP HOP or VARIETY. Second solo may NOT be another JAZZ solo.
*LYRICAL JAZZ	Technical movements blending and linking to slower-paced music interprets the intent of that piece of music. This category MUST use soft jazz technique and style utilizing facial and body emotions to portray an idea, story, mood or feeling. Music may contain words. Discretion required for suitability and to prevent disqualification. See General Rule 21 and Dance Rule 13. No lip-syncing permitted. Stage participants qualifying to attend Provincials with either a JAZZ OR LYRICAL JAZZ solo MUST choose second solo from one (1) of: TAP, SONG AND DANCE, STREET DANCE/HIP HOP or VARIETY. Second solo may NOT be another JAZZ solo.
*NOVICE NON- COMPETITIVE	*Participants have NEVER had dance lessons before the September immediately preceding the Festival. Novice Groups require ALL participants be at the Novice level.
STAGE PRODUCTION NUMBER	Is for very large groups. A combination of all ages and dance techniques. Vocals, lip-syncing, and words on tape permitted. THIS ENTRY DOES NOT QUALIFY FOR SCHOLARSHIP OR PROVINCIAL RECOMMENDATION.
SONG AND DANCE (WITH OWN VOICE)	A routine suited to a stage production. Song and Dance solos may be four (4) minutes in length. Equal effort in dancing, live singing, and acting will be an integral part of the overall performance. No recorded vocals. MUST be 50 percent dance (using any dance medium) and 50 percent voice. NO microphones or lip-syncing permitted.
STREET DANCE/ HIP HOP	A constantly evolving form of dance that relies on individualism and personal style and emphasizes the expressive power of movement. Should include, but not be limited to, choreography that incorporates a blend of contemporary funk and street style with jazz techniques. May include moves such as gliding, popping, locking, waving and utilize house, old school and new school. May also include gymnastics/power moves or any series of tricks or stunts as long as MUSIC ,

	COSTUMES AND LYRICS ARE AGE AND AUDIENCE APPROPRIATE. Music may contain words. Discretion is required for suitability and to prevent being disqualified. See General Rule 21 and Dance Rule 13. No lip-syncing permitted.
*THEATRICAL DANCE (Formerly VARIETY)	Adapted from film or musical theatre productions. Dance suitable for a stage or musical production, cabaret, a revue, live theatre, etc. Content MUST be predominately dance. Choreography should have a character base to it without straight line work. MUST be composed of a diversified vocabulary of steps and may utilize any dance genre. Music may contain words. Discretion is required for suitability and to prevent being disqualified. See General Rule 21 and Dance Rule 13. Lip-syncing permitted.
TAP	Arms are complementary and coordinated to the footwork. The rhythm of percussion is articulated through the feet and the entire body. The emphasis is on the clarity and shading of sounds, whether they are regular rhythm or syncopated. NO dubbing of tap sounds permitted in accompaniment. Music may contain words. Discretion is required for suitability and to prevent being disqualified. See General Rule 21 and Dance Rule 13. No lip-syncing permitted.
JAZZ TECHNIQUE	Not a solo class. Required for Scholarship consideration. NOT required for Provincial recommendation. Registration in both Stage technique classes is recommended but not mandatory.
TAP TECHNIQUE	Not a solo class. Required for Scholarship consideration. NOT required for Provincial recommendation. Registration in both Stage technique classes is recommended but not mandatory.

TECHNIQUE CLASS

See General Rule 47, Scholarships and Awards for Dance plus Appendices 2 and 3.

A minimum twenty (20) minute adjudicated session under the direction of the Adjudicator or his/her designate. This is a class that allows the Adjudicator to view the participant in an unprepared performance, showing the participants' knowledge of vocabulary and performance of dance steps.

1. **BALLET TECHNIQUE CLASS** – For dance participants 10 YEARS and OVER
GIRLS: Pink tights; solid colour leotard; hair in a bun; ballet slippers. RAD exam skirt optional.
BOYS: Light-coloured shirt; dark tights; ballet slippers.
2. **MODERN TECHNIQUE CLASS** – For dance participants 10 YEARS and OVER
Leotard or tight-fitting top; jazz pants or unitard in dark, solid colour; hair tied back; jazz thongs or socks, or no footwear.
3. **JAZZ TECHNIQUE CLASS** – For dance participants 10 YEARS and OVER
Leotard or tight-fitting top; jazz pants, shorts, or unitard in dark, solid colour; hair tied back; jazz footwear.
4. **TAP TECHNIQUE CLASS** – For dance participants 10 YEARS and OVER
Leotard or tight-fitting top; jazz pants, shorts or unitard in dark, solid colour; hair tied back; tap shoes.

*OWN CHOREOGRAPHY

*This entry is **NON-COMPETITIVE** and **DOES NOT** qualify for scholarship or Provincial recommendation.

1. Participants **perform their own choreography** of dance, choosing their own music and theme suitable for entry into each category and following definitions of dance.
2. Participant **MUST SUBMIT** Choreography Notes detailing steps, counts, direction of travel on floor plan, and theme of dance, **BEFORE FEBRUARY 15. Email in PDF format to: dance@kfpa.ca.**
 - a. Notes should contain the following:
 - I. Use of correct dance terminology.
 - II. Musical count with corresponding step count.
 - III. Stage directions for step counts.
 - IV. Head and hand movements with step counts.
 - V. Stick-drawings showing steps with start, directional arrows, and finish spot and pose.
 - VI. A preamble that includes:
 - 1) Thoughts regarding choice of music.
 - 2) What the music brought out in the choreographer.
 - 3) Possible costume ideas to add to the music (use drawings or fabric scraps for this if desired).
 - 4) Theme of dance/music.
 - VII. Be sure to include choreographer's name, date, and name of dance on the first page. Please advise participants that choreography notes are copyrightable.
 - VIII. KEEP A PHOTOCOPY OF ALL **NOTES** and a duplicate receipt of mail delivery, in the case there is a question or document misplaced or lost in the mail. Participants **MUST** present notes prior to performing.
 - IX. Notes may be emailed to the Festival office at danceregistrations@kfpa.ca.
3. Participants in Choreography are **NOT** permitted to wear costumes. Practice clothes ARE REQUIRED as follows:
 - a. Leotard or tight-fitting top, jazz pants, shorts or unitard in dark solid colour; hair tied back, footwear appropriate to the dance style.
 - b. BALLET – Solid, dark colour leotard and pink tights. RAD exam skirt optional.
4. PROPS permitted if USED during the dance.
5. NO SPECIAL STAGE MAKEUP, ADORNMENTS, OR EXTRAS PERMITTED.
6. Category begins at 10 YEARS and OVER.

SCHOLARSHIPS AND AWARDS

1. *See General Rules 45 through 56 and Appendices 2 and 3.
2. To be considered for KFPA scholarships, each solo and technique class must achieve a minimum mark of 85. The first solo performed at Provincials **MUST** be the qualifying solo from the local Festival.

Participants **MUST ENTER**:

a. **BALLET**

Two (2) contrasting solos from

- CONTEMPORARY BALLET
- CLASSICAL BALLET (Pointe **OR** Demi-Pointe)
- CHARACTER
- DEMI-CHARACTER
- INTERPRETIVE BALLET

AND the

- BALLET Technique Class

b. **MODERN**

Two (2) contrasting solos from

- MODERN
- INTERPRETIVE MODERN
- CONTEMPORARY
- INTERPRETIVE CONTEMPORARY

AND the

- MODERN Technique Class

c. **STAGE**

Two (2) contrasting solos from

- STREET DANCE/HIP HOP
- JAZZ **OR** LYRICAL JAZZ
- *THEATRICAL DANCE
- SONG AND DANCE
- TAP

AND **ONE** of the

- JAZZ Technique Class **OR** the
- TAP Technique Class

It is suggested that participants take both technique classes in Stage.

3. *ADULT, GROUP, AND NOVICE CLASSES **DO NOT** QUALIFY FOR SCHOLARSHIPS.

See grey box under DANCE CLASSES for list of other solo classes that **DO NOT** qualify for scholarship.